



## Greetings from our CEO

Dear Members and Friends of Medisec,

On behalf of all of us here in Medisec, I would like to wish you and your families a very happy Christmas and every good wish for the new year.

In the December edition of MedZine, we are delighted to present the winner of the Medisec ICGP Trainee Quality & Safety Awards 2019; Dr Janine English.

We would also like to congratulate Dr Mairead Cassidy, winner of the GP of the year award at the Irish Healthcare Awards 2019, proudly sponsored by Medisec.

We have included our contact details below should you have a urgent medico legal query over the Christmas holidays.

Best Wishes

*Ruth Shippay*





## Medisec ICGP Trainee Quality & Safety Awards 2019

Dr Karena Hanley, Dr Mary Davin Power and Niall Rooney were delighted to announce Dr Janine English as the winner of the Medisec ICGP Trainee Quality & Safety Award 2019.

Her paper was entitled:  
***"Z is for Zero"***



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## GP of the Year Award 2019

Medisec was proud to sponsor the GP of the year award at the Irish Healthcare Awards 2019. Claire Cregan was delighted to present the award to Dr Mairead Cassidy on behalf of Medisec.



Our Medisec Team members were "out and about" throughout the year....

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### Christmas Contact Details

If you have an urgent medico legal query over the holidays please contact the following members of our Advisory Team who will be on call on the following dates:-

**23 -25 December:**

Niall Rooney 086 7815615 and Claire Cregan 086 6064513

**26 -28 December:**

Aisling Timoney 085 780 8018 and Dr Mary Davin-Power 087 225 7517

**29 December- 02 January:**

Ruth Shipsey 087 264 8245 and Suzanne Browne 087 230 5425

We wish you all a very happy Christmas.

## Near Miss Incident - A Member's Story

### What are the chances!

A member wrote in with two surprising cases which could have caught her off guard.

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## "Just do this one thing today"

A bite sized risk reduction exercise for the busy GP:-

### Lithium Levels:

Consider checking the records of all your patients who are on long term lithium. Look at when they last had their serum lithium levels checked, and ensure they are up to date.

Remember, where possible try to avoid concurrently prescribing ACE Inhibitors, NSAIDs and Thiazide (and related diuretics), all of which have the potential to increase lithium levels and result in lithium toxicity.

We wish you all a very Merry Christmas

Merry Christmas



"It was easier just to make my own Christmas jumper..."

MEDISEC

## Get in touch

Please do not hesitate to reach out to us with any ideas or suggestions for work that you would like to see us do. We love to hear from our members!

Call us on:  
1800 460 400 or +353 1 6610504

Email us:  
General [info@medisec.ie](mailto:info@medisec.ie)  
Ruth Shipsey, CEO [ruthshipsey@medisec.ie](mailto:ruthshipsey@medisec.ie)

Write to:  
Medisec Ireland,  
7 Hatch Street Lower,  
Dublin 2,  
Ireland.

Opening hours:  
Office opening hours 8am - 5.30pm  
Monday – Friday for all your advisory,  
membership, ethical or medico legal  
queries.



**@MedisecIreland**  
**MedisecIreland**

Delighted to support! Wishing the teddy doctors the best for their training and graduation tomorrow 😊👩⚕️👨⚕️ <https://t.co/DF0TOsedNS>

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RT [@AntibioticPresc](#): New Paediatric content added today, see our What's New page for these are all new content updates, <https://t.co/nkXsxY...>

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